The Economic Abuse Wheel (Sharp, 2008)

Using coercion and threats
Threatening to deny her access to economic assets such as the telephone and car; threatening to throw her out of the house; saying that if she leaves him he will not give any money to her and the children.

Using intimidation
Destroying her property; threatening to beat her up if she refuses to give him money; refusing to pay child maintenance; using money as a source of power with which to threaten her, for example, by taking her to court.

Using emotional abuse
Telling her she is worthless; making her feel worthless by making her account for every penny; making her feel worthless by denying her basic necessities and making her feel ‘cheap’.

Using isolation
Not giving her any money to go anywhere or to do anything; stopping her from going to work and seeing colleagues; not allowing her to use the telephone; destroying her address book.

Using children
Taking the child benefit, child tax credit, child savings and birthday money; refusing to pay for nappies, milk and clothes; destroying the children’s property; stealing the children’s belongings.

Using minimizing, denying and blaming
Telling her he only does it because she lets him; telling her she’ll spend the money unless he looks after it for her; telling her she wastes money on ‘silly’ things; telling her that she makes him destroy her things.

Using male privilege
Telling her that he should have all the money as head of the household; making all the big decisions about financial issues; defining her role by not letting her work; exploiting her existing economic disadvantage.

Using economic abuse
Preventing her from getting or keeping a job; making her ask for money; giving her an allowance; taking her money; not letting her know about or have access to family income (unchanged).

Economic power and control

Surviving Economic Abuse

Adapted with permission from: DOMESTIC ABUSE INTERVENTION PROGRAMS, 202 East Superior Street, Duluth, Minnesota 55802, 218-722-2781 www.theduluthmodel.org

Sharp, N. (2008) ‘What’s yours is mine’ The different forms of economic abuse and its impact on women and children experiencing domestic violence, Refuge