

A close-up, high-contrast photograph of a woman's green eye. The eye is the central focus, with detailed textures of the iris and eyelashes visible. The lighting is dramatic, with deep shadows and bright highlights, creating a powerful and intimate feel. The background is a soft, out-of-focus skin tone.

**SURVIVING**

**ECONOMIC**

**A B U S E**

Surviving Economic Abuse (SEA) is the only UK charity dedicated to raising awareness of economic abuse and transforming responses to it. We are determined that women are supported to survive and thrive.

“I felt abused but I would never have said it was abuse because I didn't think it was valid – because he hadn't hit me.”

## What we do

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### Awareness-raising

We work with the media and develop awareness-raising campaigns so that the public understands what economic abuse is, how to recognise it in the context of domestic abuse and how to respond.

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**Women who can't find £100 at short notice are 3.5x more likely to experience domestic abuse.**

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### Professional responses

We deliver training, develop tools and resources, provide expert advice and disseminate best practice to professionals across a range of sectors so that they have the knowledge, skills, resources and confidence to recognise and respond to economic abuse.

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**Women who experience economic abuse are 5x more likely to experience physical violence than those who don't.**

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### Systems change

We advocate for and support the development of new approaches to economic abuse, working with organisations to review existing systems, policies and procedures to ensure they address/remove barriers to economic safety.

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**Economic barriers to leaving can mean women stay with abusive partners for longer and so experience more harm.**

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### Policy influencing

We highlight the issue of economic abuse through responding to national policy consultations so that policy-makers and commissioners of domestic abuse services understand what economic abuse is and reflect this understanding in the decisions they make.

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**Lack of economic security and access to resources post-separation are the primary reasons women return to an abusive partner.**

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### Contact us

[info@survivingeconomicabuse.org](mailto:info@survivingeconomicabuse.org)



[@SEAResource](https://twitter.com/SEAResource)

[www.survivingeconomicabuse.org](http://www.survivingeconomicabuse.org)