

A close-up, high-resolution photograph of a woman's eye. The iris is a striking mix of green and yellow, with a dark pupil. The eye is looking slightly to the right. The skin around the eye is warm-toned and shows fine details of the eyelids and eyelashes. The overall mood is intense and focused.

SURVIVING

ECONOMIC

A B U S E

Surviving Economic Abuse (SEA) is the only UK charity dedicated to raising awareness of economic abuse and transforming responses to it. We are determined that women are supported to survive and thrive.

“I felt abused but I would never have said it was abuse because I didn't think it was valid – because he hadn't hit me.”

What we do

Raising awareness of economic abuse

We're here to educate the general public about what economic abuse is, how it is experienced within the context of domestic abuse and how to recognise it.



Women who experience economic abuse are 5x more likely to experience physical violence than those who don't.

We want to ensure that policy makers in government, financial and legal institutions are clear about the dynamics of economic abuse and reflect this understanding in the decisions they make.



Economic barriers to leaving can mean women stay with abusive partners for longer and so experience more harm.

We work with commissioners of violence against women services to recognise the importance of economic stability and to identify it as a priority within coordinated community responses.

Transforming the response to economic abuse

We share our expert knowledge through:


- Delivering training on economic abuse
 - Coordinating the sharing of research and best practice
 - Convening the National Working Group on Economic Abuse
 - Developing and sharing resources and 'tools to thrive'
 - Piloting innovative financial and legal responses to economic abuse with front line services.
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Lack of economic security and access to resources post-separation are the primary reasons women return to an abusive partner.

Contact us

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 [@SEAResource](https://twitter.com/SEAResource)

www.survivingeconomicabuse.org

“You have to rebuild your life all over again. There is no advocacy, no advice – nothing.”